

# ¿Puede el diseño estructural contribuir a la sostenibilidad?

Paulo Helene

*Director PhD Engenharia  
Vice-Presidente del IBRACON*

*Prof. Titular Universidad de São Paulo  
Gestor y Ex Presidente ALCONPAT Internacional  
Deputy Chairman fib Model Code for Service Life Design  
Consejero CNTU, SEESP, PMSP y ABNT*

1

 ASOCIACIÓN ARGENTINA  
DE TECNOLOGÍA DEL  
**HORMIGÓN**

Introducción de la Seguridad y Sostenibilidad en el Diseño de las Estructuras de Concreto, según el **fib** Model Code- 2024; Eurocode II-2023 y ACI 318-2019/22

*Colaboradores: Ing. Ricardo Boni, mestrando do IPT, & Ing. Rafael Silva, ambos del equipo PhD*



2

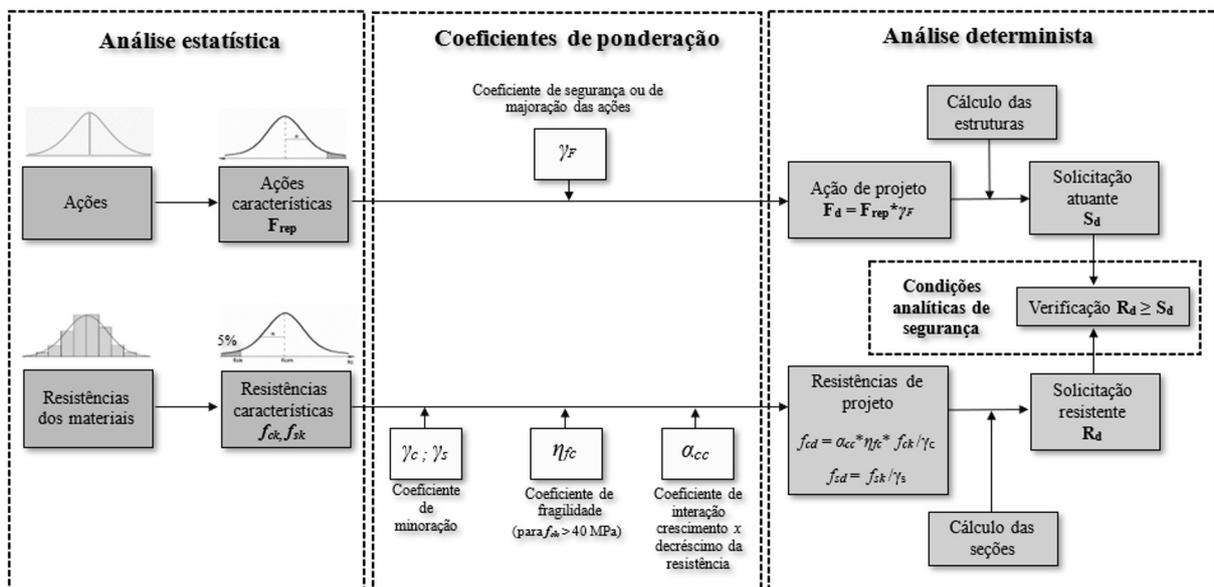
... ¿cómo los ingenieros diseñan las estructuras, edificios, puentes, para quedaren parados, bajo las enormes fuerzas de la naturaleza: la gravedad, los vientos, las vibraciones, las inundaciones, los huracanes, los sismos y el fuego???

Nota: Esta charla está protegida por las leyes nacionales e internacionales de derechos de autor e imagen. Queda prohibida la grabación, reproducción, distribución, impresión y fotografía de la pantalla de presentación, sin permiso del autor.

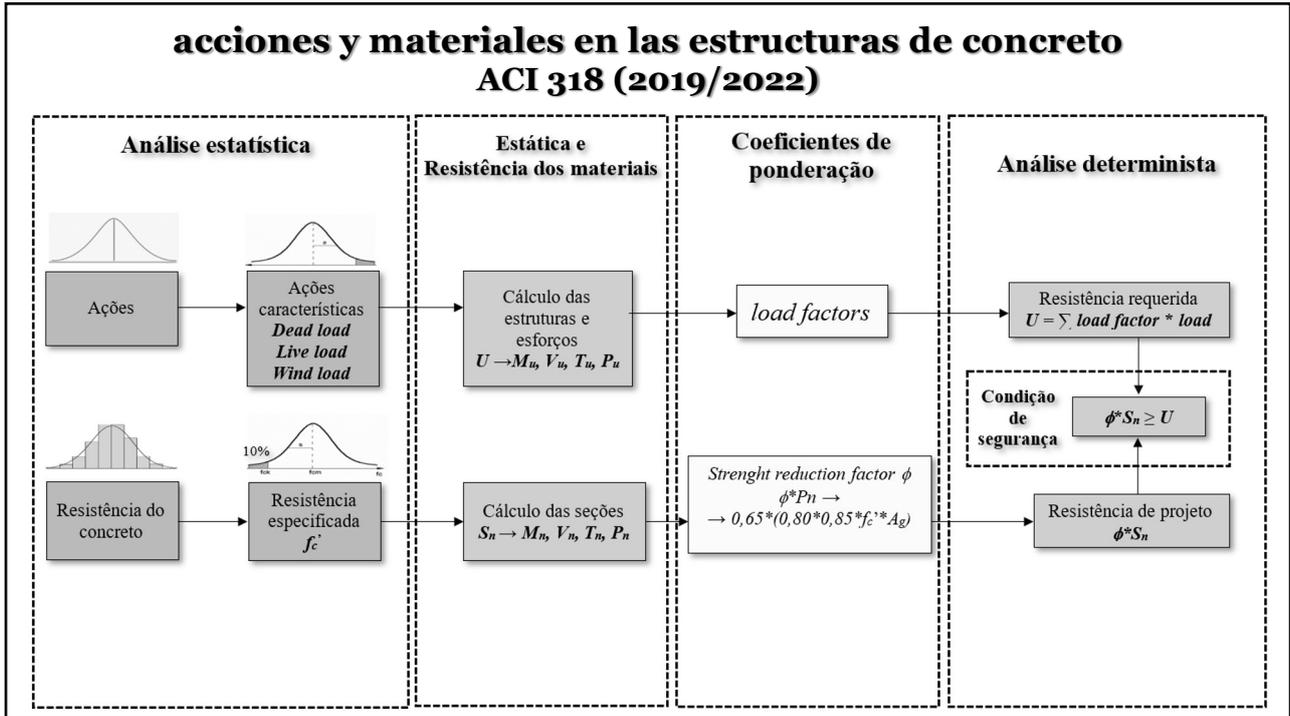
3

## acciones y materiales en las estructuras de concreto

Método semi probabilista – Partial factor format – fib Model Code 2020



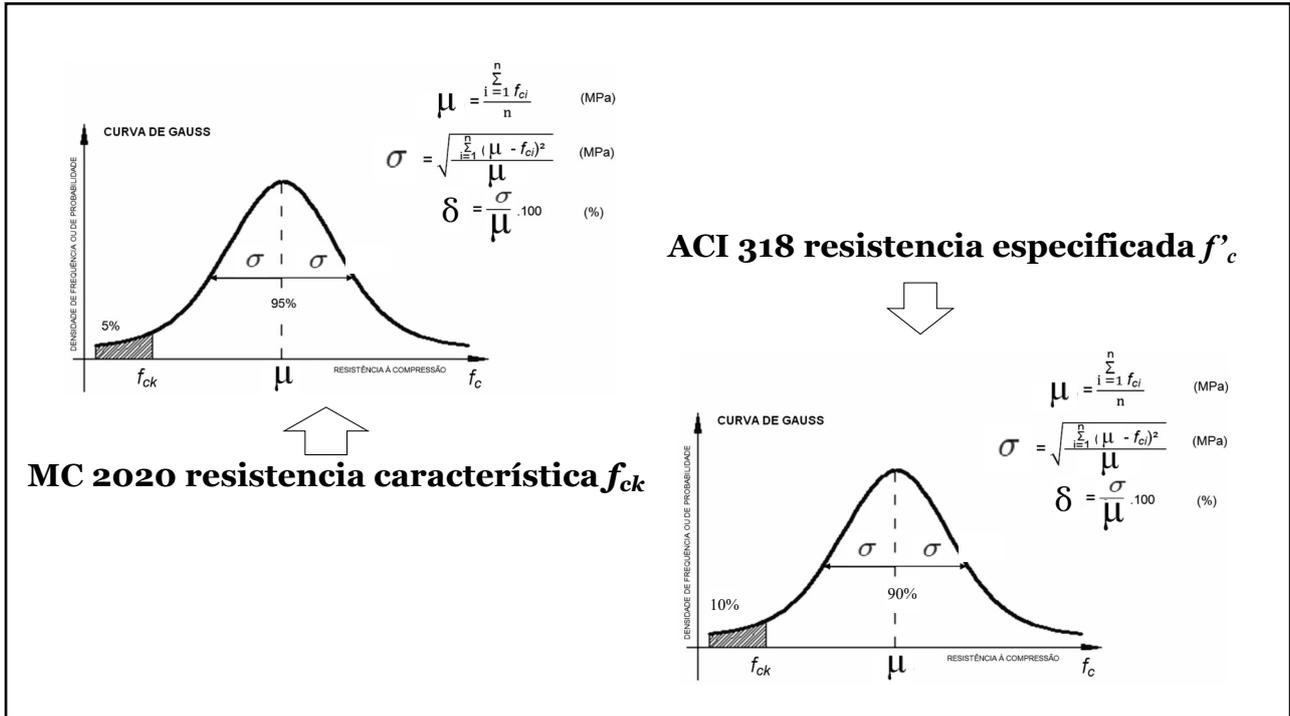
4



5



6



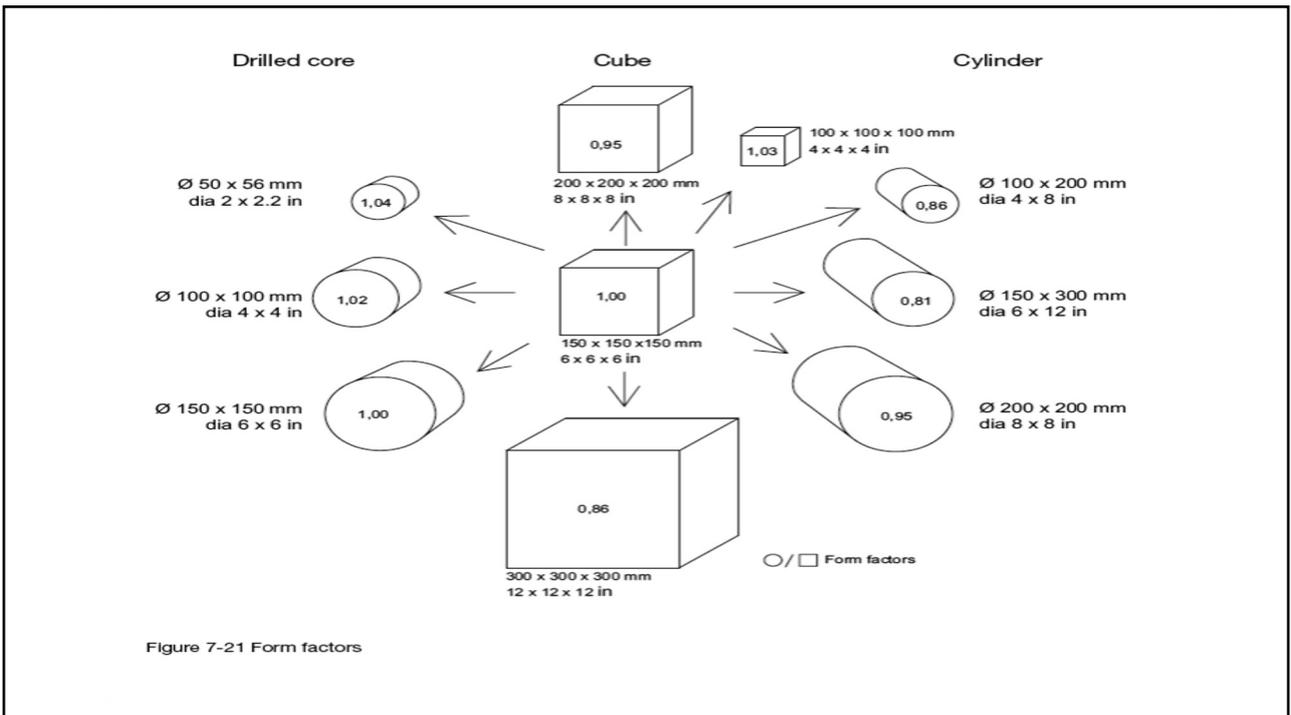
7

**¿cuál es la referencia para el diseño estructural y aceptación de la resistencia a la compresión del concreto,  $f'_c$  en Argentina ?**

8



9



10

**referencial en ARGENTINA (CIRSOC?)  
de resistencia a la compresión del concreto,  $f'_c$**

- ✓ el cilindro 15cm  $\phi$  \* 30cm
- ✓ el cilindro 10cm  $\phi$  \* 20cm
- ✓ muestreo planeado
- ✓ bien moldeado
- ✓ bien compactado
- ✓ curado UR > 95%
- ✓ bien terminado y acabado en los topes
- ✓ ensayado carga axial monotónica y rápida

**referido a una cierta edad**

11

*¿ $f'_c$  es la resistencia del concreto en la estructura?*



**No !**

**$f'_c$  es la resistencia potencial del concreto en  
la boca de la hormigonera !**

12

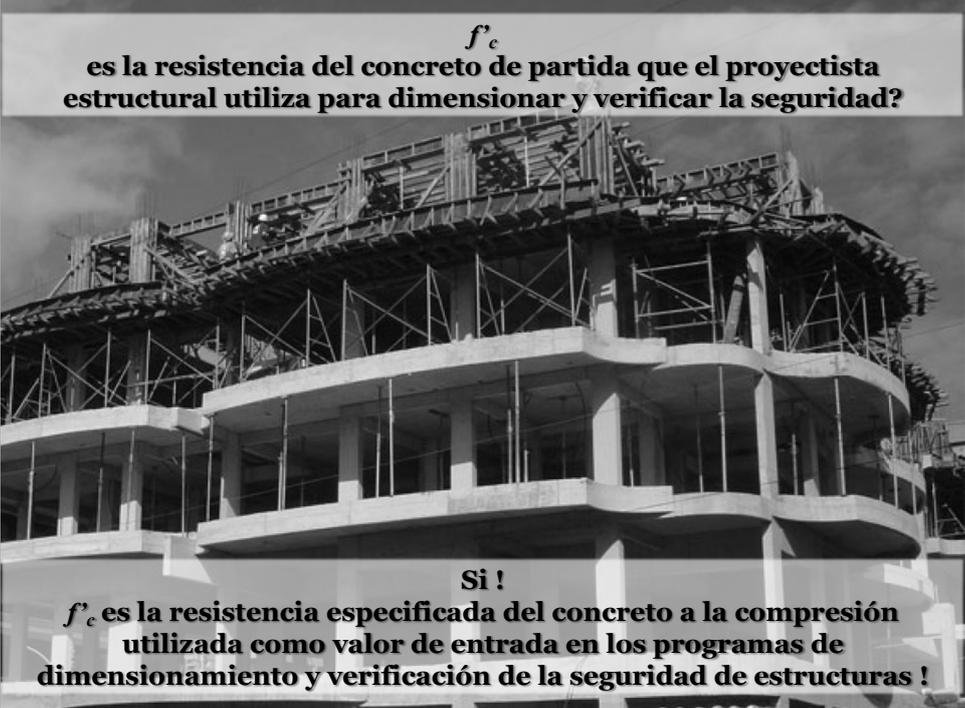
**$f'_c$**   
**es la resistencia del concreto en la cimentación, pilotes, columnas, vigas y losas de la estructura?**



**No !**  
 **$f'_c$  es la resistencia potencial del concreto de la mezcla de esa hormigonera, medida através de probetas patrón moldeadas e ensayadas en condiciones ideales!**

13

**$f'_c$**   
**es la resistencia del concreto de partida que el proyectista estructural utiliza para dimensionar y verificar la seguridad?**



**Si !**  
 **$f'_c$  es la resistencia especificada del concreto a la compresión utilizada como valor de entrada en los programas de dimensionamiento y verificación de la seguridad !**

14

**... y ese es un gran problema porque algunos ingenieros y diseñadores consideran que  $f'_c$  es la resistencia del hormigón que hay en la estructura !..**

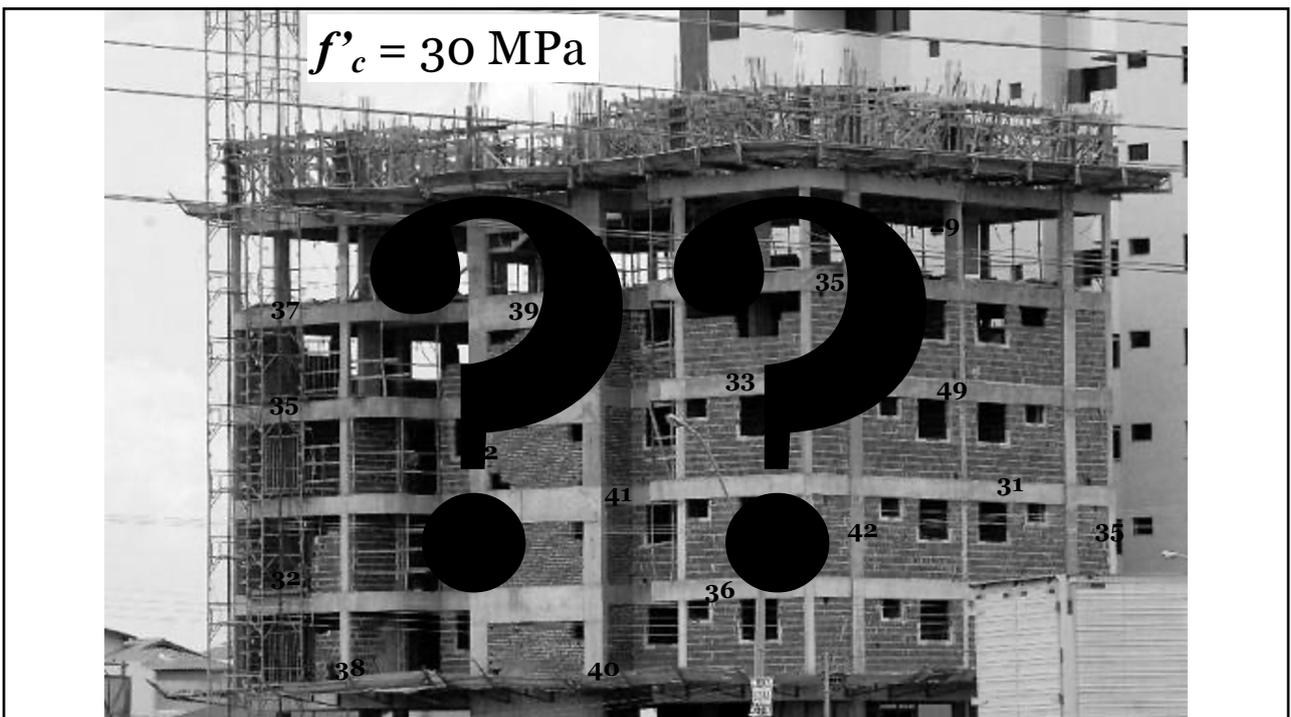
15

**... entonces, ¿cuál es la resistencia a la compresión "mínima" del concreto en la estructura que un ingeniero civil puede considerar como disponible para fines de diseño y construcción, de manera segura, durante su VUP ?...**

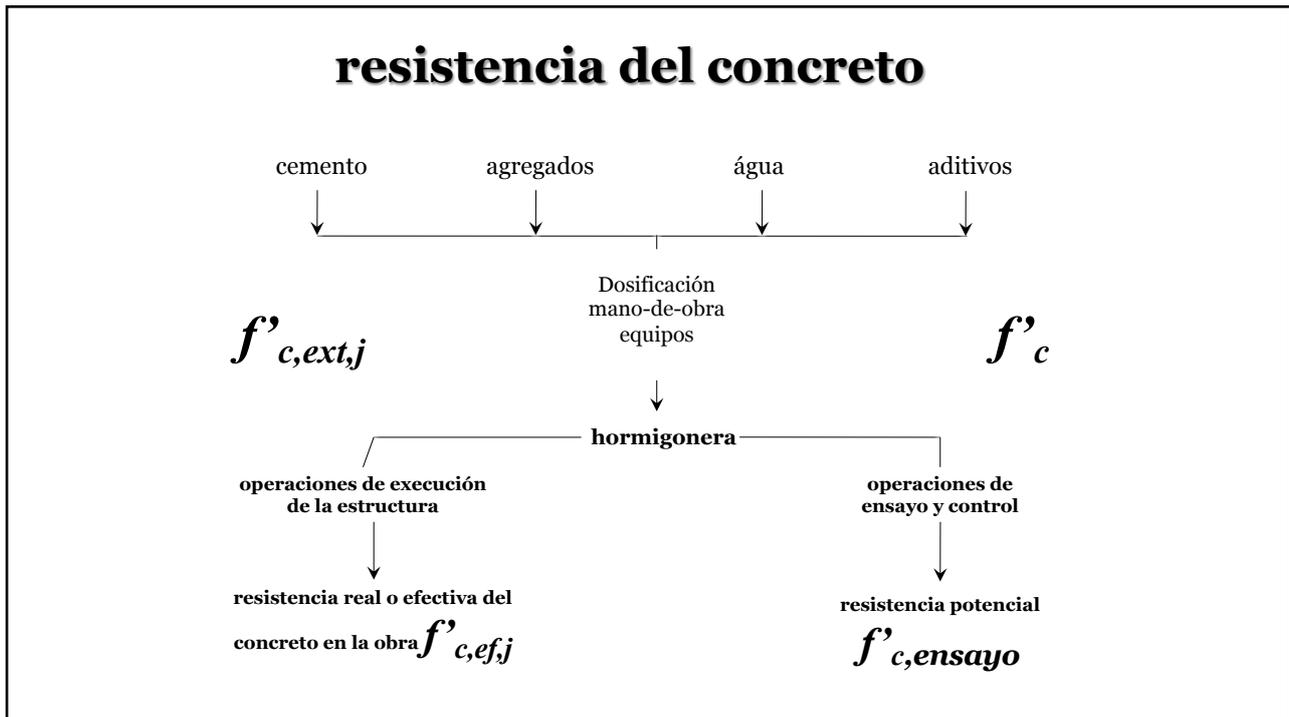
16



17



18



19

Referencial de Diseño y Construcción

$$ACI 318 \rightarrow f'_c \sim f_{ck}$$

$$ACI 214 \rightarrow f'_{c,control}$$

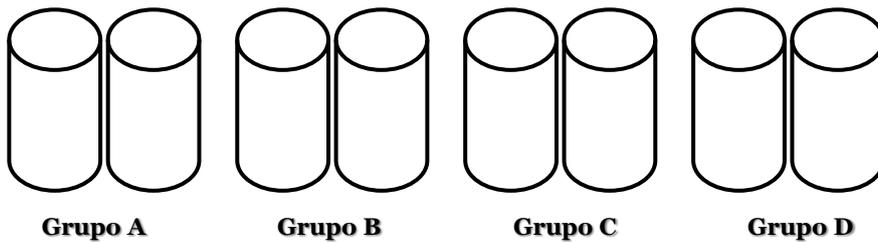
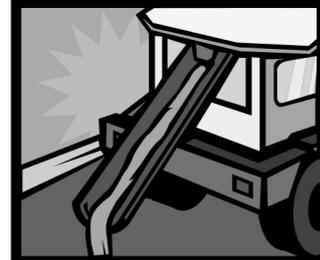
$$ACI 214 \text{ y } ACI 437 \rightarrow f'_{c,ext,j}$$

20

## ...¿ cómo obtener la mayor resistencia a compresión, $f'_c$ a cierta edad?

Concreto de una mezcla bien hecha:

*puede moldear, curar y tratar a gusto !*



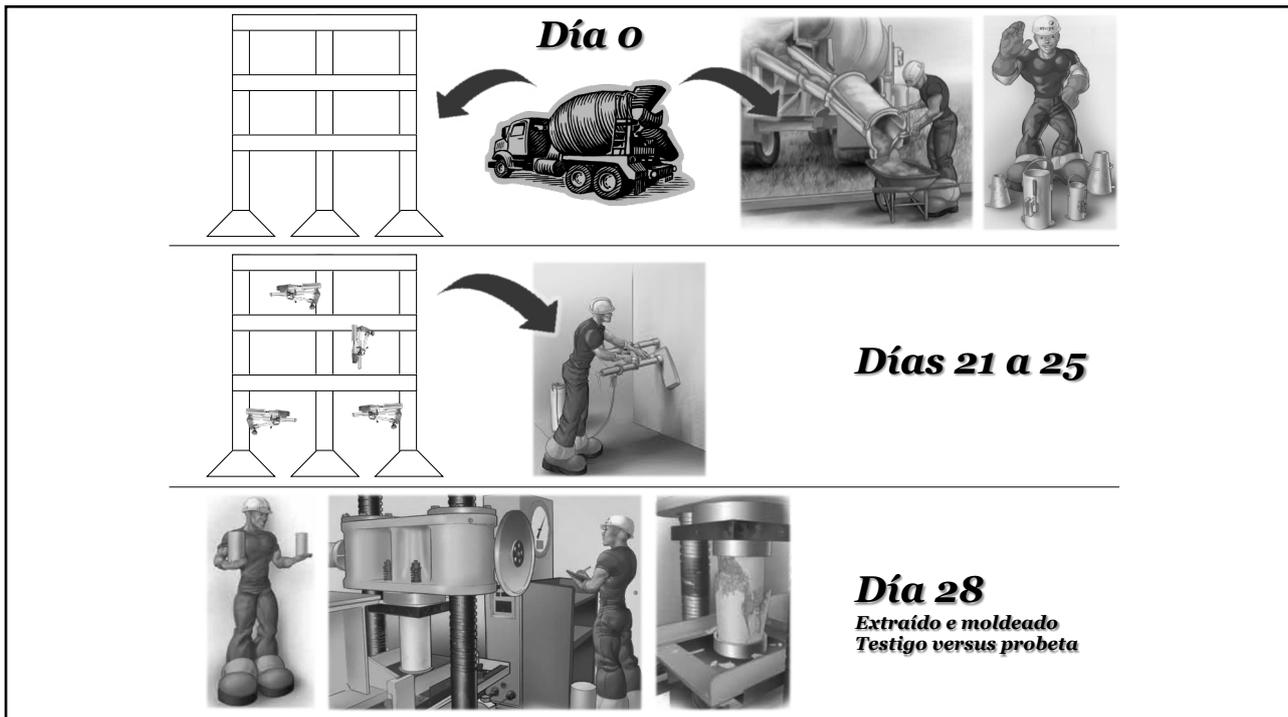
21

## TESIS de DOCTORADO

CREMONINI, R. A. Análise de Estruturas Acabadas: Contribuição para a Determinação da Relação entre as Resistências Potencial e Efetiva do Concreto. São Paulo, EPUSP, 1994.

**Ruy Alberto Cremonini. Prof. Asociado, UFRGS**

22



23

## Conclusiones

pilares/columnas:

$$\eta = \frac{f_c}{f_{c,ext}} = \frac{f_{ck}}{f_{ck,ext}} = 1.24$$

losas & vigas

$$\eta = \frac{f_c}{f_{c,ext}} = \frac{f_{ck}}{f_{ck,ext}} = 1.20$$

24

## resistencia de “cálculo/diseño” del concreto MC 2020 & EN 1992-1-1

$$\alpha_{cc} = 0,85 \text{ a } 1,00$$

$$f_{cd} = \alpha_{cc} * \eta_{fc} * \frac{f_{ck}}{\gamma_c}$$

$$\eta_{fc} = \left(\frac{40}{f_{ck}}\right)^{1/3} \leq 1,0 \text{ MPa}$$

para  $f_{ck} = 30 \text{ MPa}$

$$f_{cd} = 0,85 * 1 * \frac{30}{1,5}$$

$$f_{ck,ef} (\text{estructura}) \approx 17 \text{ MPa}$$

para  $f_{ck} = 50 \text{ MPa}$

$$f_{cd} = 0,85 * \left(\frac{40}{50}\right)^{0,33} * \frac{50}{1,5}$$

$$f_{ck,ef} (\text{estructura}) \approx 26 \text{ MPa}$$

25

edificaciones  
ABNT NBR 6118

$$f_{cd} = \alpha_{cc} * \eta_{fc} * \frac{f_{ck}}{\gamma_c}$$

$$f_{cd} = 0,85 * 1 * \frac{f_{ck}}{1,4}$$

$$f_{cd} \cong 0,61 * f_{ck}$$

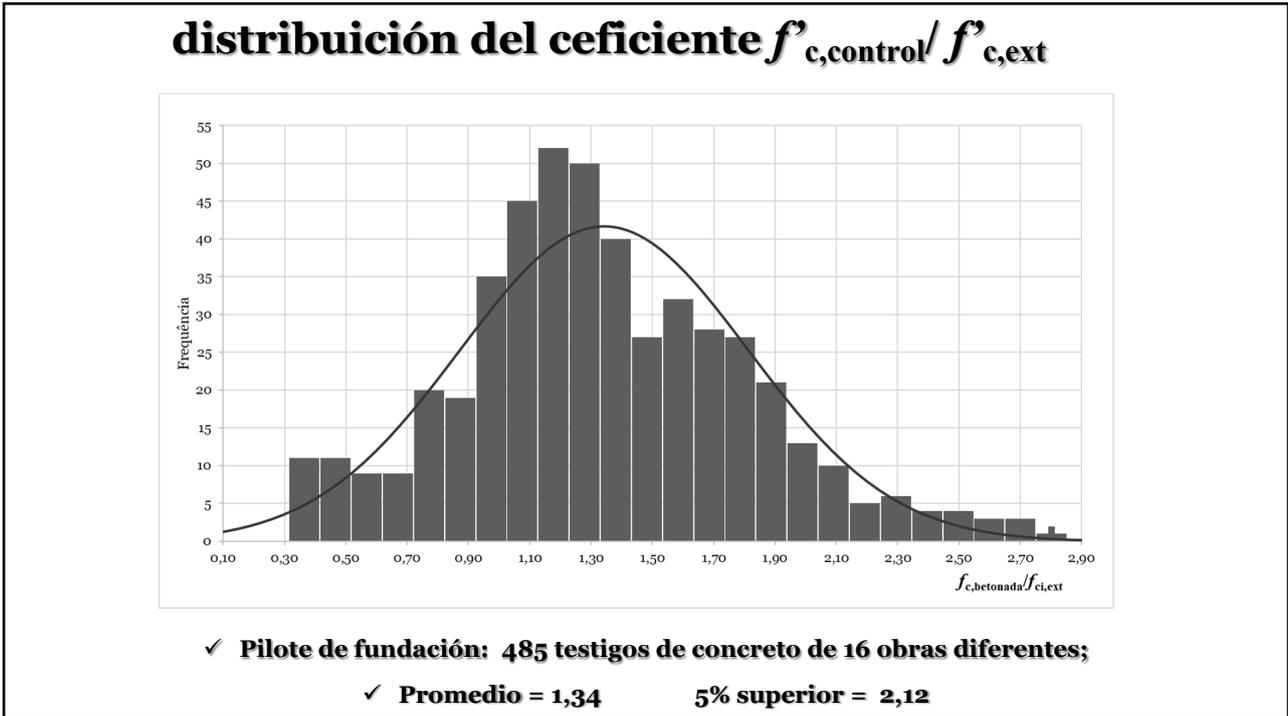
estaca hélice  
pilote de fundación  
ABNT NBR 6122

$$f_{cd} = 0,85 * \frac{f_{ck}}{\gamma_c}$$

$$f_{cd} = 0,85 * \frac{f_{ck}}{2,7}$$

$$\therefore f_{cd} \cong 0,30 * f_{ck}$$

26



27

**21.2—Strength reduction factors for structural concrete members and connections**

21.2.1 Strength reduction factors  $\phi$  shall be in accordance with Table 21.2.1, except as modified by 21.2.2, 21.2.3, and 21.2.4.

**Table 21.2.1—Strength reduction factors  $\phi$**

Action or structural element	$\phi$	Exceptions
(a) Moment, axial force, or combined moment and axial force	0.65 to 0.90 in accordance with 21.2.2	Near ends of pretensioned members where strands are not fully developed, $\phi$ shall be in accordance with 21.2.3.
(b) Shear	0.75	Additional requirements are given in 21.2.4 for structures designed to resist earthquake effects.
(c) Torsion	0.75	—
(d) Bearing	0.65	—
(e) Post-tensioned anchorage zones	0.85	—
(f) Brackets and corbels	0.75	—
(g) Struts, ties, nodal zones, and bearing areas designed in accordance with strut-and-tie method in Chapter 23	0.75	—
(h) Components of connections of precast members controlled by yielding of steel elements in tension	0.90	—
(i) Plain concrete elements	0.60	—
(j) Anchors in concrete elements	0.45 to 0.75 in accordance with Chapter 17	—

## factores de reducción de la resistencia potencial del concreto ACI 318 (2019/2022)

28

## Máxima resistencia a la compresión para diseño

### 22.4.2 Maximum axial compressive strength

**22.4.2.1** Nominal axial compressive strength  $P_n$  shall not exceed  $P_{n,max}$  in accordance with Table 22.4.2.1, where  $P_o$  is calculated by Eq. (22.4.2.2) for nonprestressed members and by Eq. (22.4.2.3) for prestressed members. The value of  $f_y$  shall be limited to a maximum of 80,000 psi.

**Table 22.4.2.1—Maximum axial strength**

Member	Transverse reinforcement	$P_{n,max}$	
Nonprestressed	Ties conforming to 22.4.2.4	$0.80P_o$	(a)
	Spirals conforming to 22.4.2.5	$0.85P_o$	(b)
Prestressed	Ties	$0.80P_o$	(c)
	Spirals	$0.85P_o$	(d)
Deep foundation member	Ties conforming to Ch. 13	$0.80P_o$	(e)

**22.4.2.2** For nonprestressed members,  $P_o$  shall be calculated by:

$$P_o = 0.85f'_c(A_g - A_{st}) + f_y A_{st} \quad (22.4.2.2)$$

### R22.4.2 Maximum axial compressive strength

**R22.4.2.1** To account for accidental eccentricity, the design axial strength of a section in pure compression is limited to 80 to 85 percent of the nominal axial strength. These percentage values approximate the axial strengths at eccentricity-to-depth ratios of 0.10 and 0.05 for tied and spirally reinforced members conforming to 22.4.2.4 and 22.4.2.5, respectively. The same axial load limitation applies to both cast-in-place and precast compression members. The value of  $f_y$  is limited to 80,000 psi because the compression capacity of the concrete is likely to be reached before this stress is exceeded. The transverse reinforcement requirements for columns do not apply to deep foundation members. Chapter 13 provides the detailing requirements for these members.

## resistencia de “calculo/diseño” del concreto ACI 318 (2019/2022)

### *compression-controlled*

para  $f'_c = 30$  MPa

$$0,65 * 0,85 * 0,80 * 30$$

$f'_{c,ef}$  (estructura)  $\approx 13$  MPa

para  $f'_c = 50$  MPa

$$0,65 * 0,85 * 0,80 * 50$$

$f'_{c,ef}$  (estructura)  $\approx 22$  MPa

## **naturaleza del concreto**

1. La resistência del concreto **crece** con la edad
2. La resistência del concreto **baja** con la carga mantenida

31

**... ¿cómo **crece** la  
resistencia del concreto  
con la edad ?...**

32

## Crecimiento de la Resistencia *fib* Model Code 2020

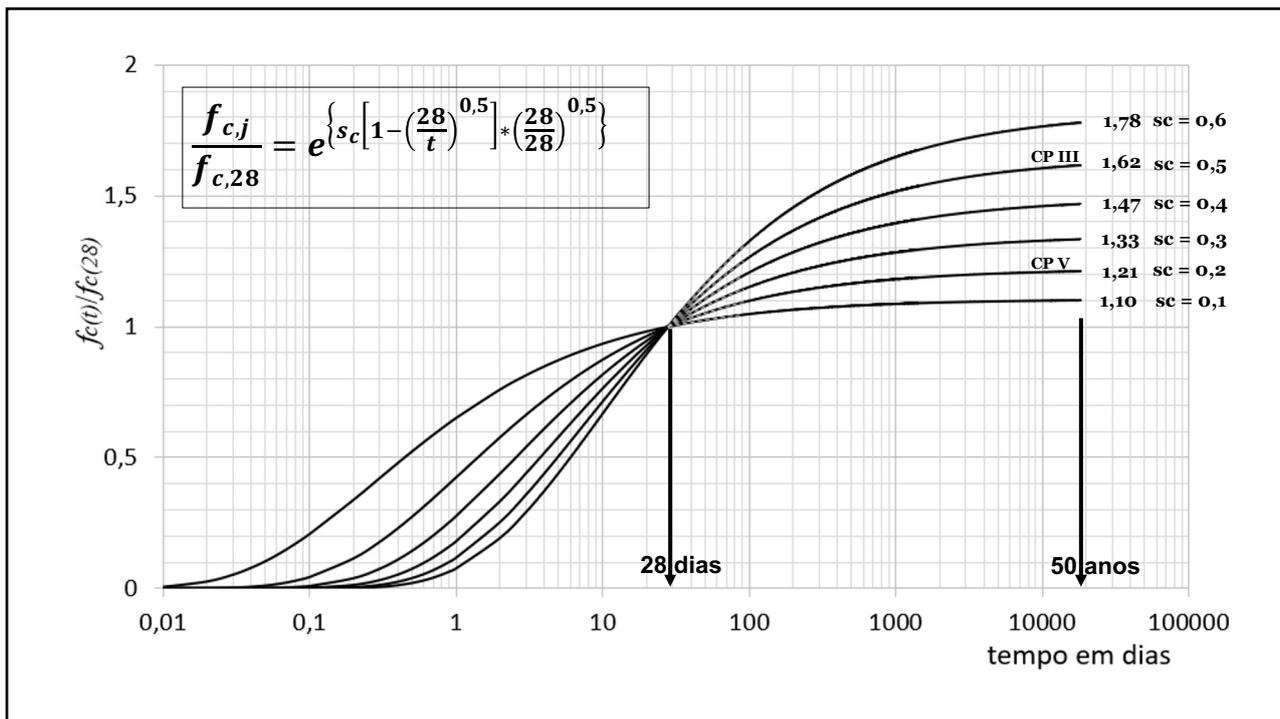
$$\frac{f_{c,j}}{f_{c,ref}} = e^{\left\{ s_c \left[ 1 - \left( \frac{t_{ref}}{t} \right)^{0,5} \right] * \left( \frac{28}{t_{ref}} \right)^{0,5} \right\}}$$

*fib* Model  
Code 2020  
Item 14.9.1

Resistência à compressão do Concreto (MPa)	s <sub>c</sub>		
	Classe CS	Classe CN	Classe CR
f <sub>c</sub> ≤ 35	0,6	0,5	0,3
35 < f <sub>c</sub> < 60	0,5	0,4	0,2
f <sub>c</sub> ≥ 60	0,4	0,3	0,1

Nota: As Classes CS, CN e CR são determinadas em função do tipo e da classe de resistência do cimento. Pode-se admitir, para efeitos de equivalência com os cimentos nacionais: CS (CP III ou CP IV), CN (CP I ou CP II) e CR (CP V). Para determinação das Classes CS, CN e CR, consultar Tabela 14.6.8 "Strength development classes of concrete" do *fib* Model Code 2020, ou a Table B1 "Strength development classes of concrete" do Eurocode 2:2023 e a norma EN 197-1 "Cement – Part 1: Composition, specifications and conformity criteria for common cements".

33



34

# Crecimiento de la Resistencia del Concreto ACI 318 → ACI 209.2R(2008) Appendix A

ACI 209.2R-08

Guide for Modeling and Calculating  
Shrinkage and Creep  
in Hardened Concrete

Reported by ACI Committee 209



American Concrete Institute®

The general equation for predicting compressive strength at any time  $t$  is given by

$$f_{cmt} = \left[ \frac{t}{a + bt} \right] f_{cm28} \quad (A-17)$$

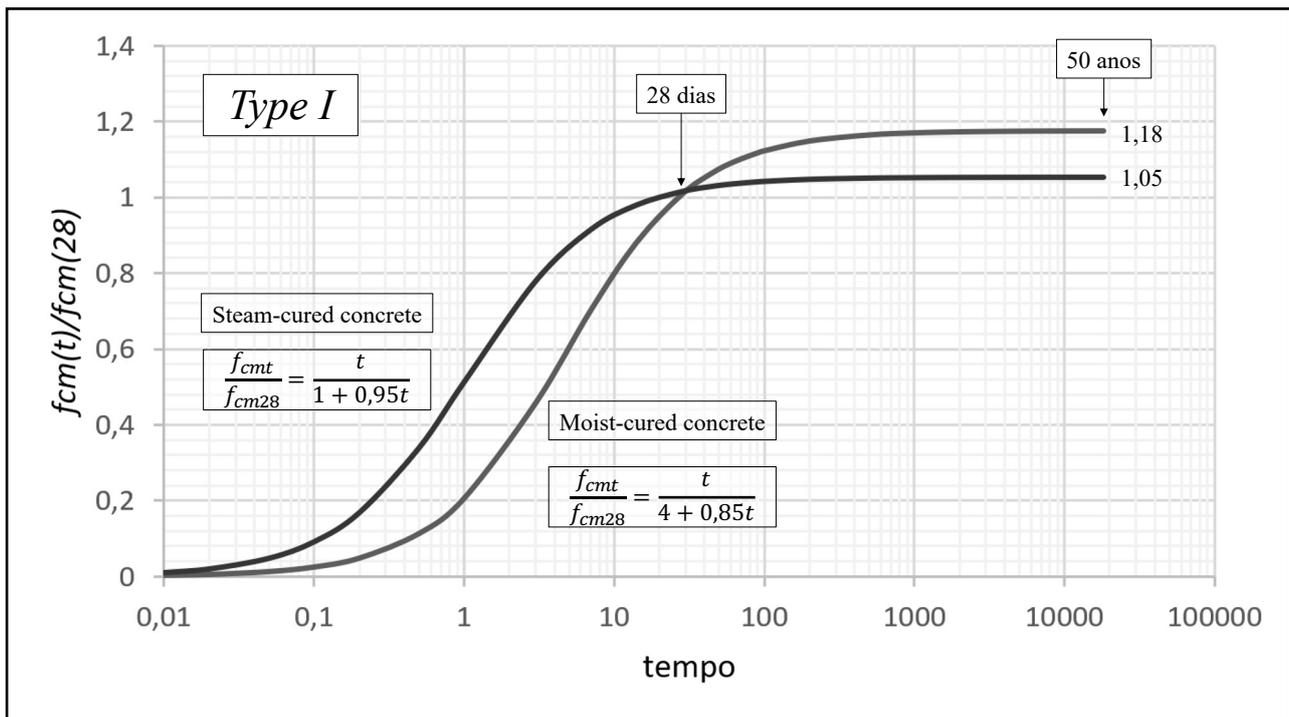
where  $f_{cm28}$  is the concrete mean compressive strength at 28 days in MPa or psi,  $a$  (in days) and  $b$  are constants, and  $t$  is the age of the concrete. The ratio  $a/b$  is the age of concrete in days at which one half of the ultimate (in time) compressive strength of concrete is reached.

The constants  $a$  and  $b$  are functions of both the type of cement used and the type of curing employed. The ranges of  $a$  and  $b$  for the normalweight, sand lightweight, and all lightweight concretes (using both moist and steam curing, and Types I and III cement) are:  $a = 0.05$  to  $9.25$ , and  $b = 0.67$  to  $0.98$ . Typical recommended values are given in Table A.4.

**Table A.4—Values of the constant  $a$  and  $b$  for use in Eq. (A-17),**

Type of cement	Moist-cured concrete		Steam-cured concrete	
	$a$	$b$	$a$	$b$
I	4.0	0.85	1.0	0.95
III	2.3	0.92	0.70	0.98

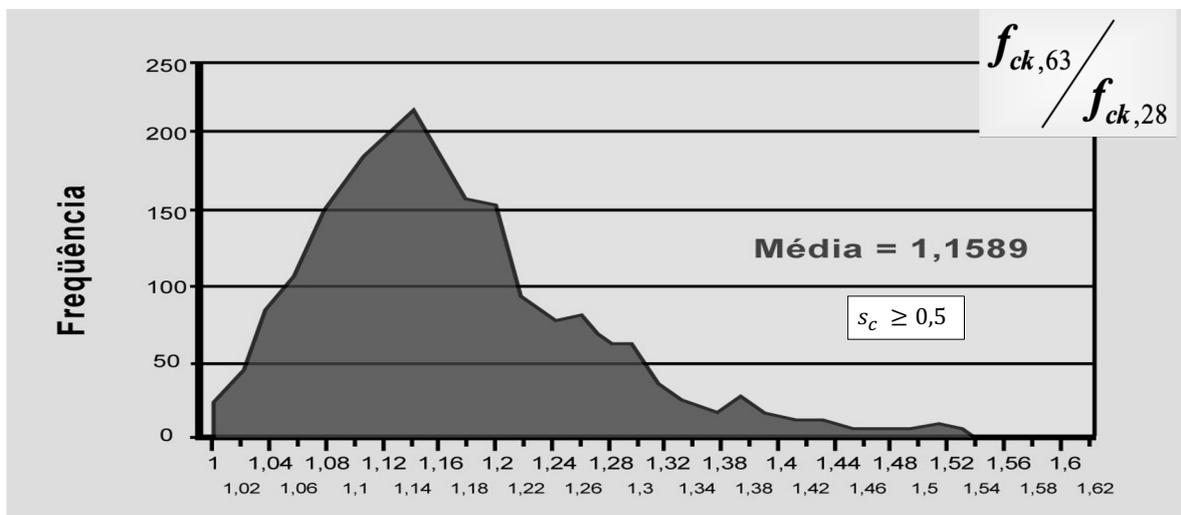
35



36

### Análise *(histórica, década 90)*

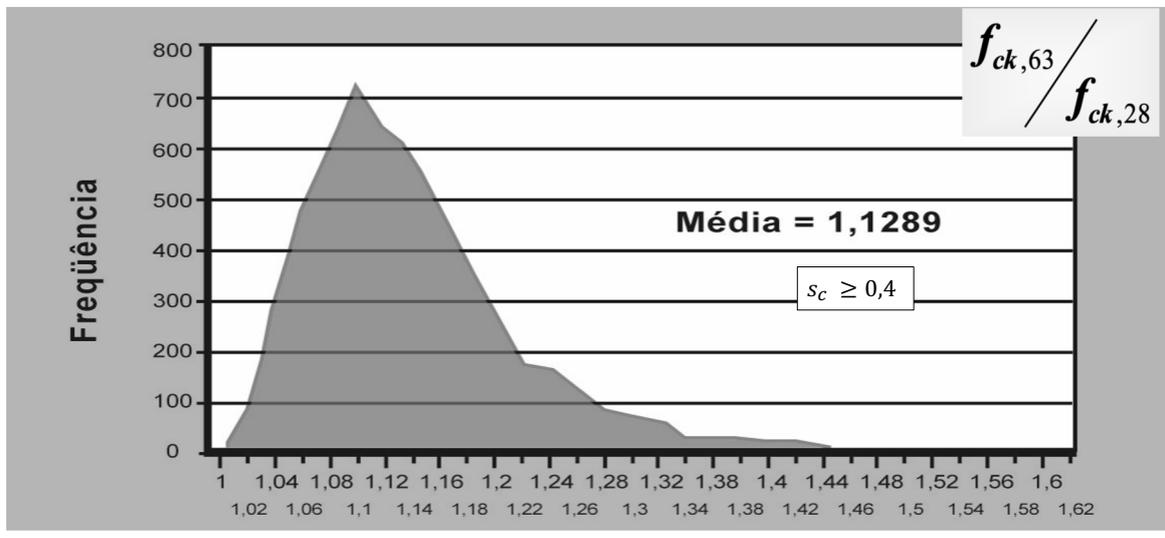
2.046 Registros Analisados, CP III



37

### Análise Geral *(histórica, década 90)*

8.429 Registros Analisados, todos os cimentos



38

## Efecto Rüsçh

**... ¿cómo decrece (baja) la resistencia con la edad ?**

39

### Resistencia bajo Carga Mantenido (efecto Rüsçh)

*fib Model  
Code 2020  
Item 14.6.1.6.3*

$$\beta_{c,sus}(t, t_0) = \beta_{t_0}(t_0) + [1 - \beta_{t_0}(t_0)] * \left[ 1 + 10^4 \frac{(t - t_0)}{t_0} \right]^{-0,1}$$

Sendo:

$$\beta_{t_0}(t_0) = 0,64 + 0,01 \cdot \ln(t_0)$$

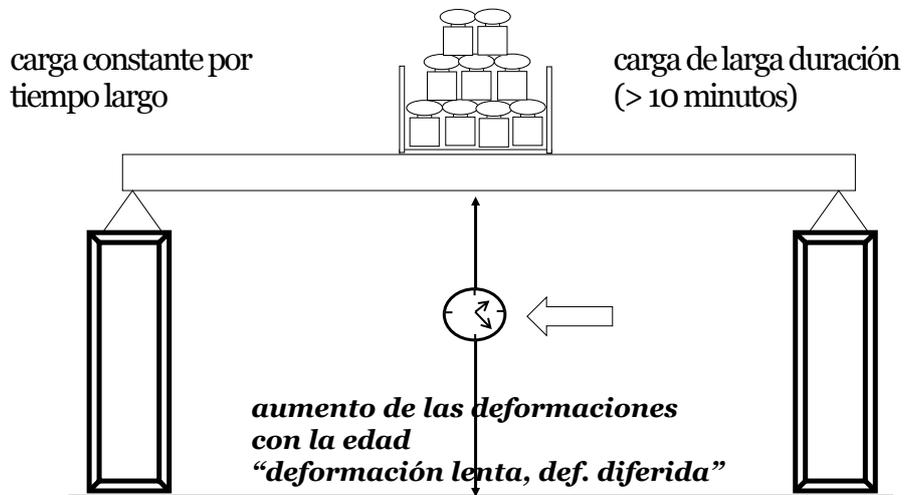
→  $t$  en días

→  $t_0$  → edad de aplicación de las cargas

→  $t - t_0 > 15$  minutos

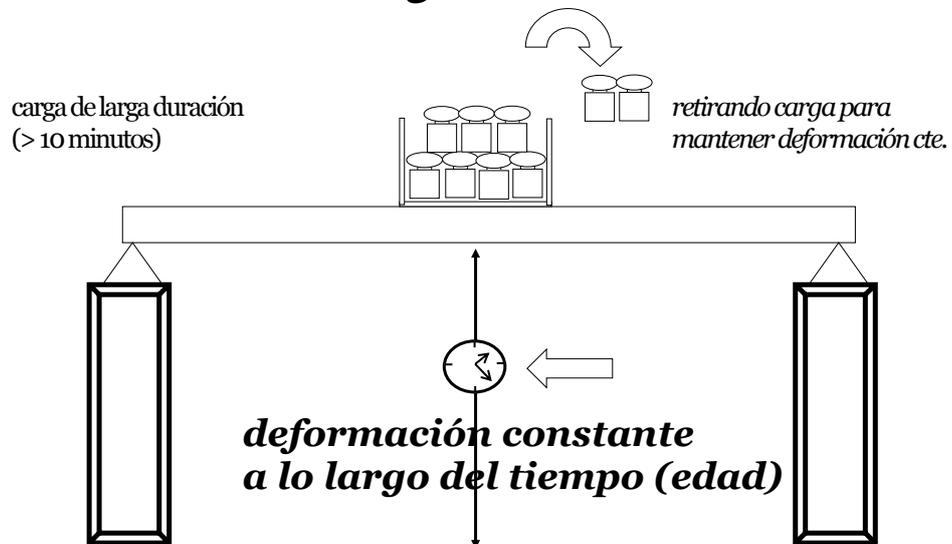
40

# Fluencia



41

# Relajación



42

From the work of  
Comité Européen du Béton

Title No. 57-1

### Researches Toward a General Flexural Theory for Structural Concrete

By HUBERT RÜSCH

This paper is directed toward formulation of a general flexural theory based on a careful study of all important factors regarding the properties of concrete. The fact that strength and deformation of concrete depend on time is considered. The theory is based on recent tests permitting determination of the behavior of the compression zone in flexure for continuous load increase at different strain rates, and for constant sustained load. Having derived stress-strain relationships for these various types of loading, other factors were studied systematically, such as effect of concrete strength, position of neutral axis, and shape of cross section. The general theory developed is primarily a study of the true behavior of structural members. Since simplified assumptions are avoided, it naturally does not lead to simple formulas such as are desired for structural design. The theory fulfills the important function of furnishing a reliable method for the evaluation of simplified design formulas. It is also possible, however, to present all new concepts and results of this theory in the form of a simple diagram which can be used for the solution of design problems for selected cross sections ranging from pure bending to pure compression, regardless of concrete quality and the type of steel used, and independent of whether prestressing is applied or not.

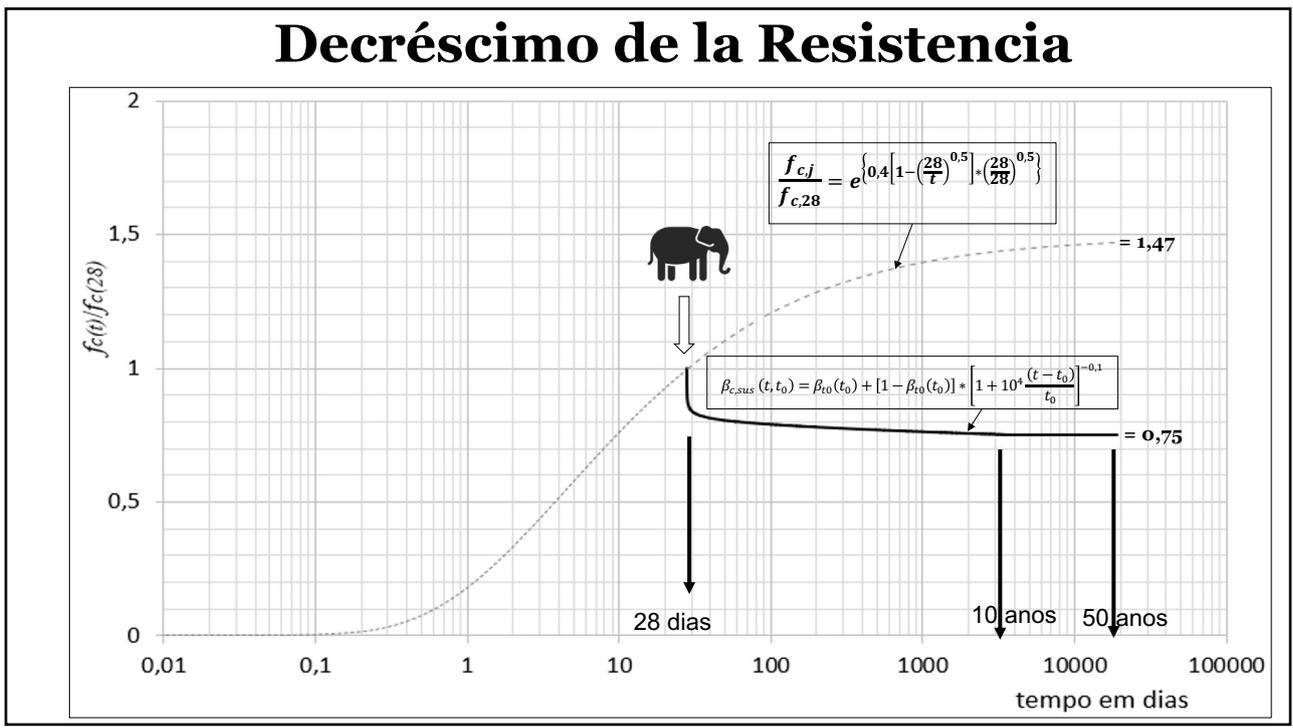
■ RESEARCH IN THE STRUCTURAL CONCRETE FIELD is faced today with problems of unusual challenge. We find ourselves in a period of change characterized by the abandonment of the elastic theory in favor of the plastic theory, and by a conversion from allowable stresses as a basis of design to ultimate strength design. Although these trends have persisted for some time, the new methods are finding slow acceptance among design engineers in some countries. This is probably at least in part due to the fact that structural engineering can look back on a thousand-year tradition, and this tradition is by its nature a conservative one. Another reason of equal importance is the lack of detailed and extensive knowledge regarding the properties of materials desirable in the development and introduction of new methods.

In recent decades, progress has been made toward replacing structural design methods disregarding plastic properties of materials by

RÜSCH, Hubert.  
**Researches Toward a General Flexural Theory for Structural Concrete.** ACI Journal: Proceedings. [s.l.] Julho, 1960. 28p.

*(download y consulta free en la biblioteca de la PhD-[www.phd.eng.br](http://www.phd.eng.br))*

43

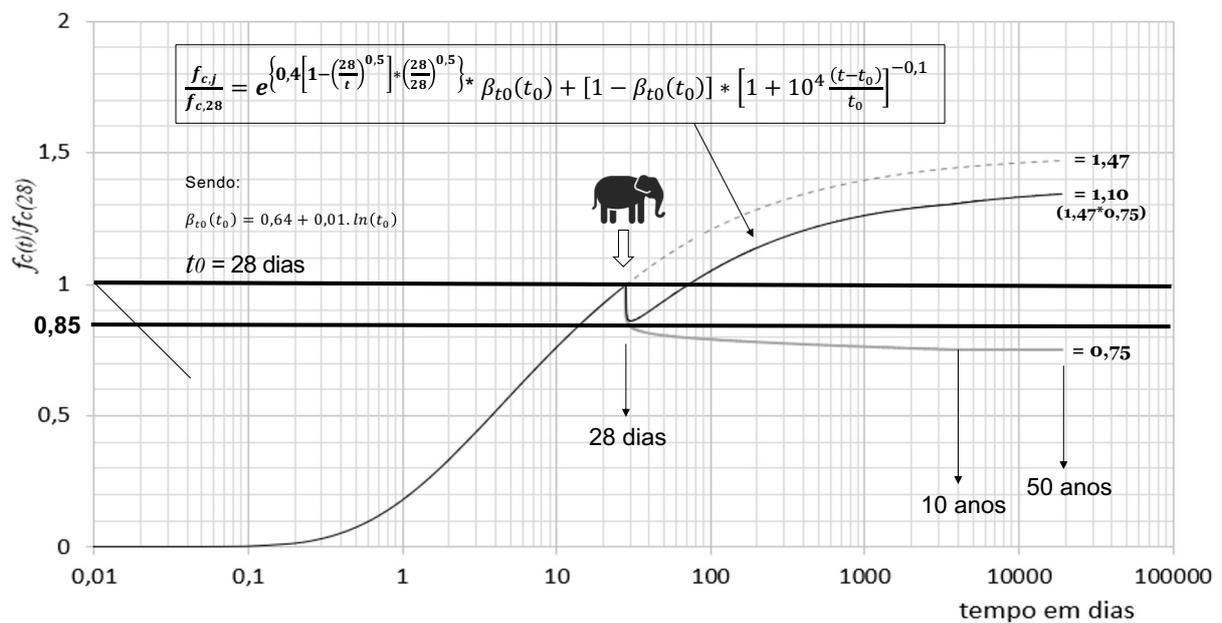


44

...combinando crecimiento con  
decrecimiento a partir de  
28días ...

45

### Resistencia del Concreto “cargado” a lo largo de la edad



46

## Cálculo del $f_{cd}$ según vários codes

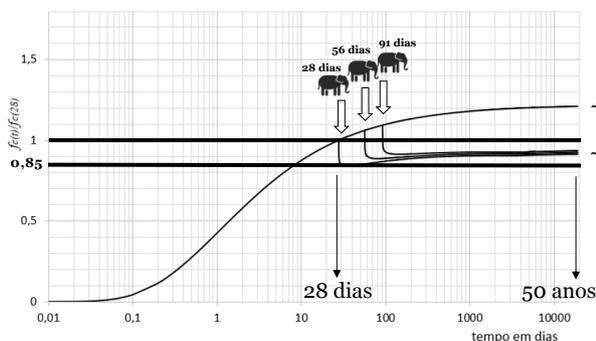
$$f_{ck28} = f'_{c28} = 20 \text{ a } 40 \text{ MPa con (s=0,2)}$$

$t_{ref} = 28 \text{ dias}$

$t_{carga} = 28 \text{ dias}$

$t_{carga} = 56 \text{ dias}$

$t_{carga} = 91 \text{ dias}$



ACI 318 2019/2022	ABNT NBR 6118:2023	fib Model Code 2020 (MC 2020)	Eurocode 2: 2023
0,44 a 0,60 * $f'_c$	0,61 * $f_{ck}$	0,67 * $f_{ck}$	0,67 * $f_{ck}$
0,44 a 0,60 * $f'_c$	0,61 * $f_{ck}$	0,67 * $f_{ck}$	0,67 * $f_{ck}$
0,44 a 0,60 * $f'_c$	0,61 * $f_{ck}$	0,67 * $f_{ck}$	0,67 * $f_{ck}$

47

## Cálculo del $f_{cd}$ según vários codes

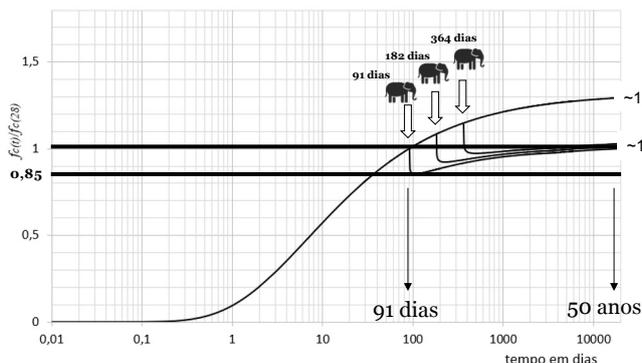
$$f_{ck91} = f'_{c91} = 20 \text{ a } 40 \text{ MPa con (s=0,3)}$$

$t_{ref} = 91 \text{ dias}$

$t_{carga} = 91 \text{ dias}$

$t_{carga} = 182 \text{ dias}$

$t_{carga} = 364 \text{ dias}$



ACI 318 2019/2022	ABNT NBR 6118:2023	fib Model Code 2020 (MC 2020)	Eurocode 2: 2023
0,44 a 0,60 * $f'_c$	nihil	0,57 * $f_{ck}$	0,57 * $f_{ck}$
0,44 a 0,60 * $f'_c$	nihil	0,57 * $f_{ck}$	0,57 * $f_{ck}$
0,44 a 0,60 * $f'_c$	nihil	0,57 * $f_{ck}$	0,57 * $f_{ck}$

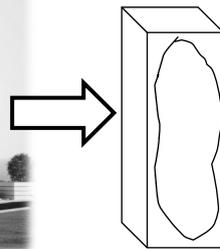
48

## Introducción de la sostenibilidad en el diseño estructural



*Edificio residencial de estructura de concreto armado con 24 pisos tipo + 2 subsuelos.*

*Área del piso tipo: 365 m<sup>2</sup>*

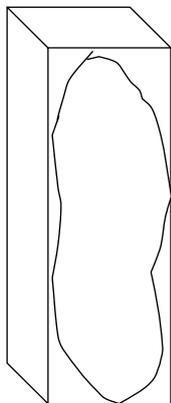


*Análisis de un tramo pilar/columna corto de sección cuadrada, localizado entre el 1° e 2° piso (altura 2,88 m).*

*Edificio con 1008 tramos de pilar*

49

### ***Premisas para el dimensionamiento del pilar/columna***



*Fuerza normal nominal:*

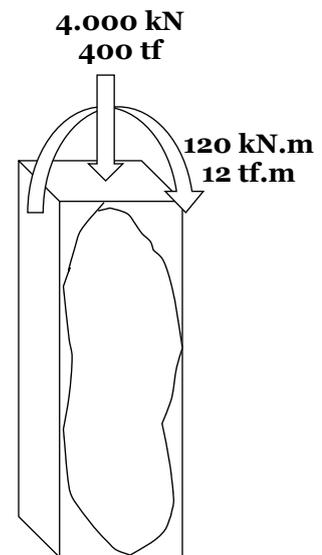
$$N_{sk} = 4000 \text{ KN} = 400 \text{ tf}$$

*Momentos totales nominales:*

$$M_{xsk} = 120 \text{ kN.m} = 12 \text{ tf.m}$$

$$M_{ysk} = 120 \text{ kN.m} = 12 \text{ tf.m}$$

*Considera-se que las acciones live loads corresponden a 25% de la fuerza normal total*



50

## *Normativas utilizadas*

✓ *ABNT NBR 6118:2023*



✓ *fib Model Code 2020*



✓ *Eurocode 2:2023*

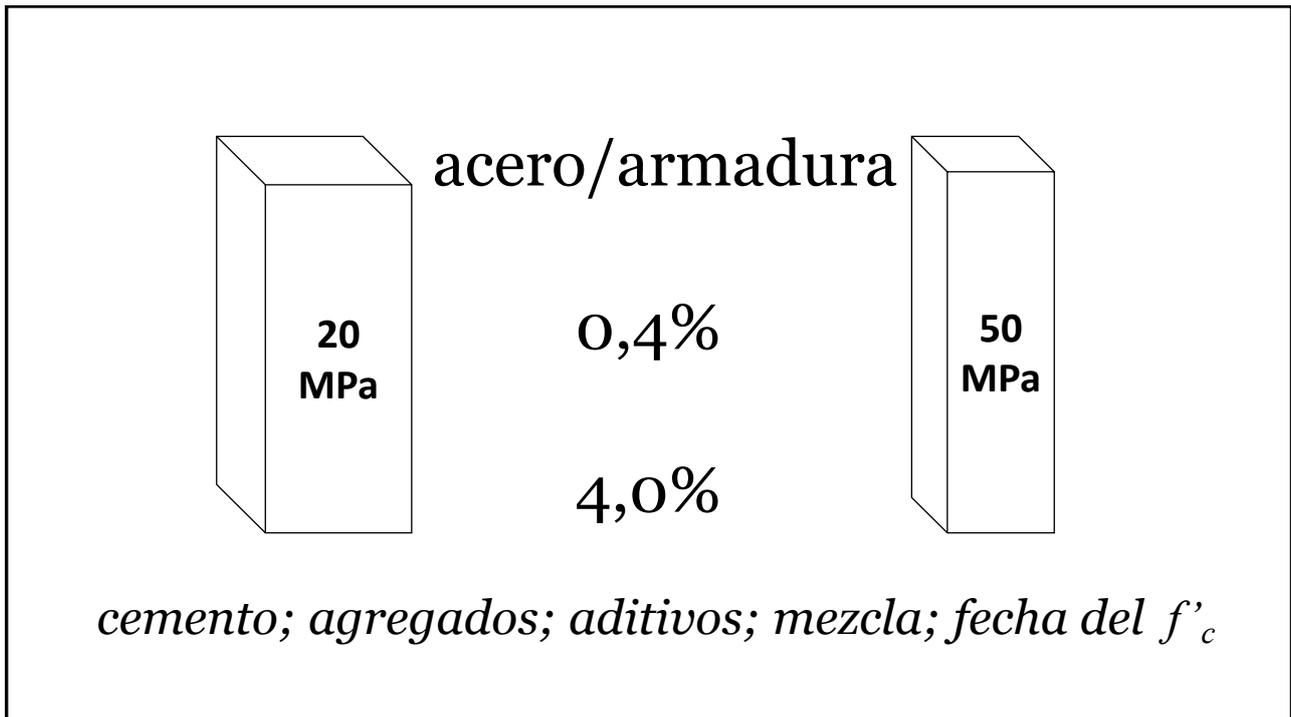


51

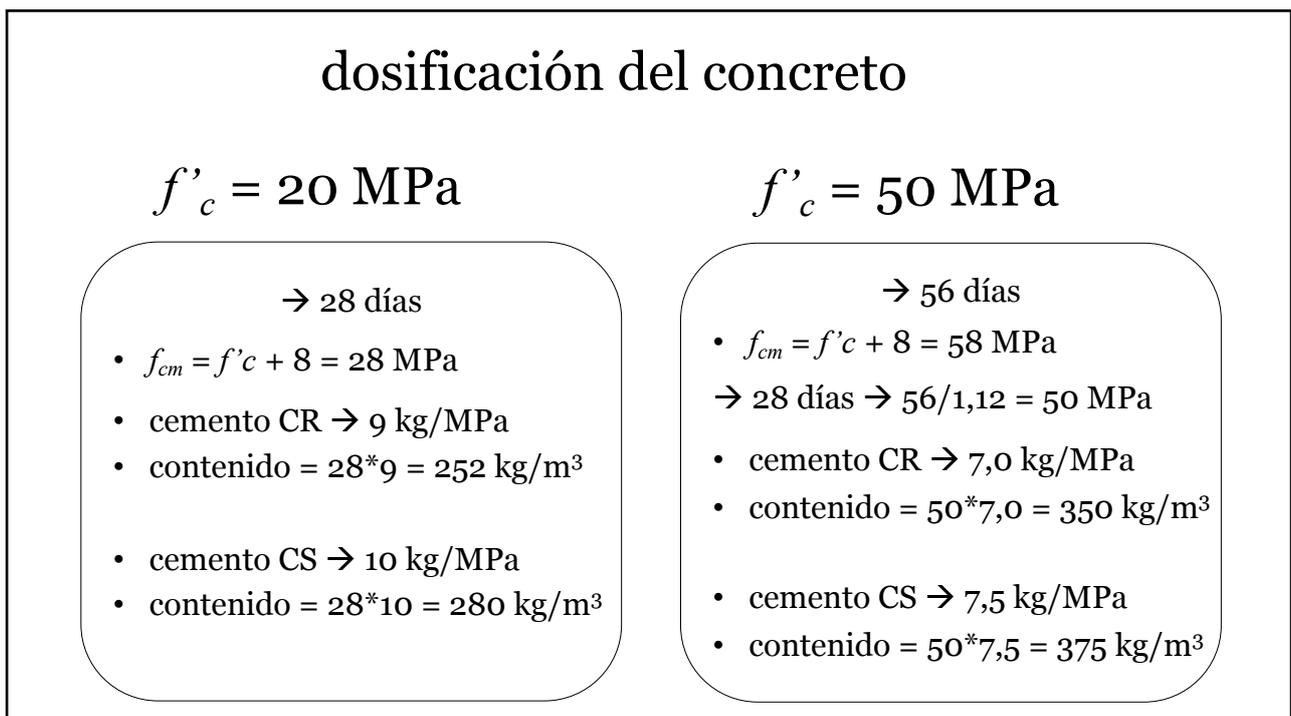
## *Dimensionamiento del pilar corto*

- ✓ *2 cuantías de acero/armadura: una mínima ( $\geq 0,4\%$ ) e una máxima para emendas por traspasse ( $< 4,0\%$ );*
- ✓ *2 diferentes clases de resistencia del concreto, C20 e C50, con  $f_{ck}$  referido a 3 diferentes edades: 28, 56 y 91 días.*
- ✓ *concretos mezclados con dos diferentes clases de cemento; CR (alta resistência inicial) e CS (lentos, con adiciones).*

52



53



54

para los cálculos de las emisiones de CO<sub>2</sub> fueran utilizados datos disponibles en:



Cimento CP III Santa Helena -Votorantim **384 kg CO<sub>2</sub> eq.** por tonelada.  
 Cimento CP V Santa Helena -Votorantim **852 kg CO<sub>2</sub> eq.** por tonelada.



**8 kg CO<sub>2</sub> eq.** por metro quadrado de fôrma.



Aço CA 50 ArcelorMittal Piracicaba **786 kg CO<sub>2</sub> eq.** por tonelada.



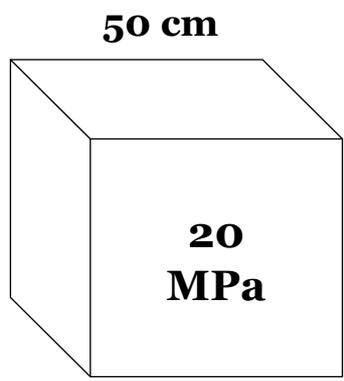
Los datos utilizados ficaram dentro de los intervalos de SIDAC.

55

**440 kgCO<sub>2</sub>eq.**

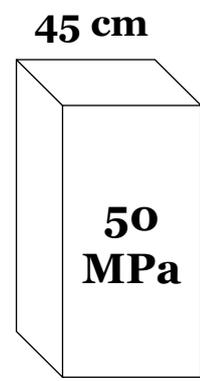
**180 kgCO<sub>2</sub>eq.**

**f<sub>ck</sub> 28 dias**  
**CR**  
**4,0%**



**0,72 m<sup>3</sup>**

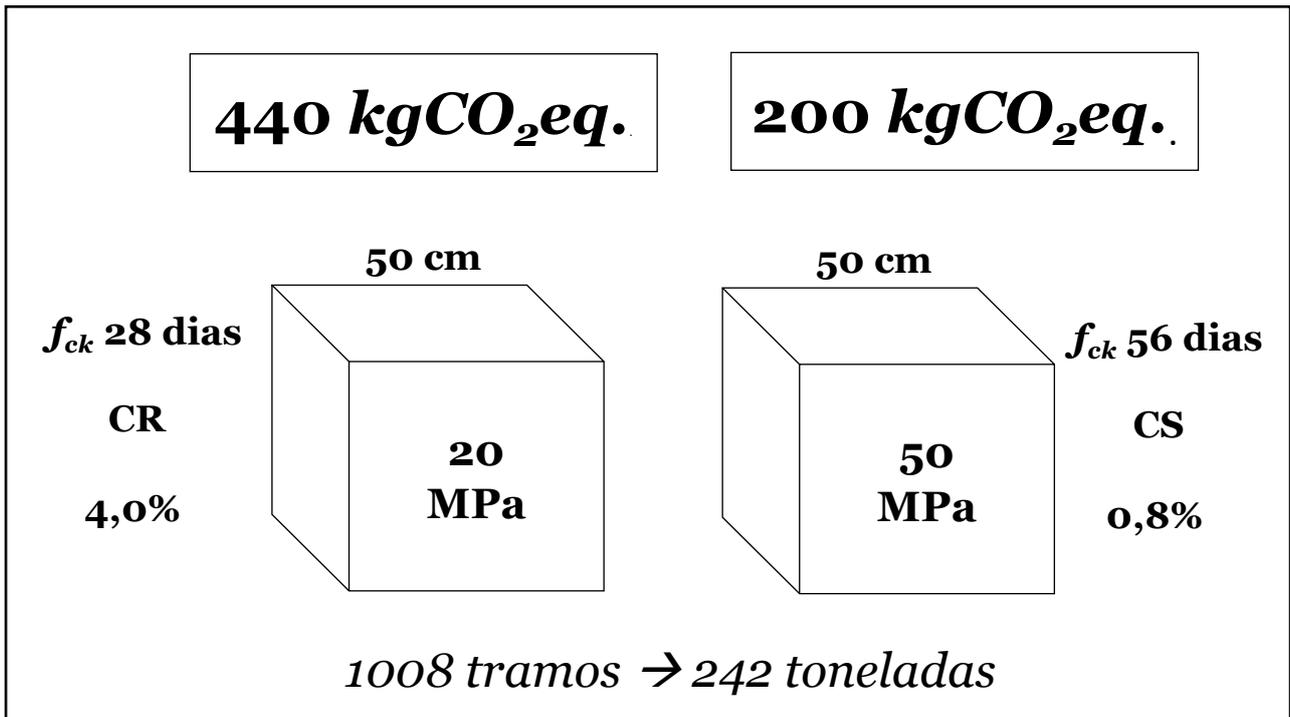
**-24%**



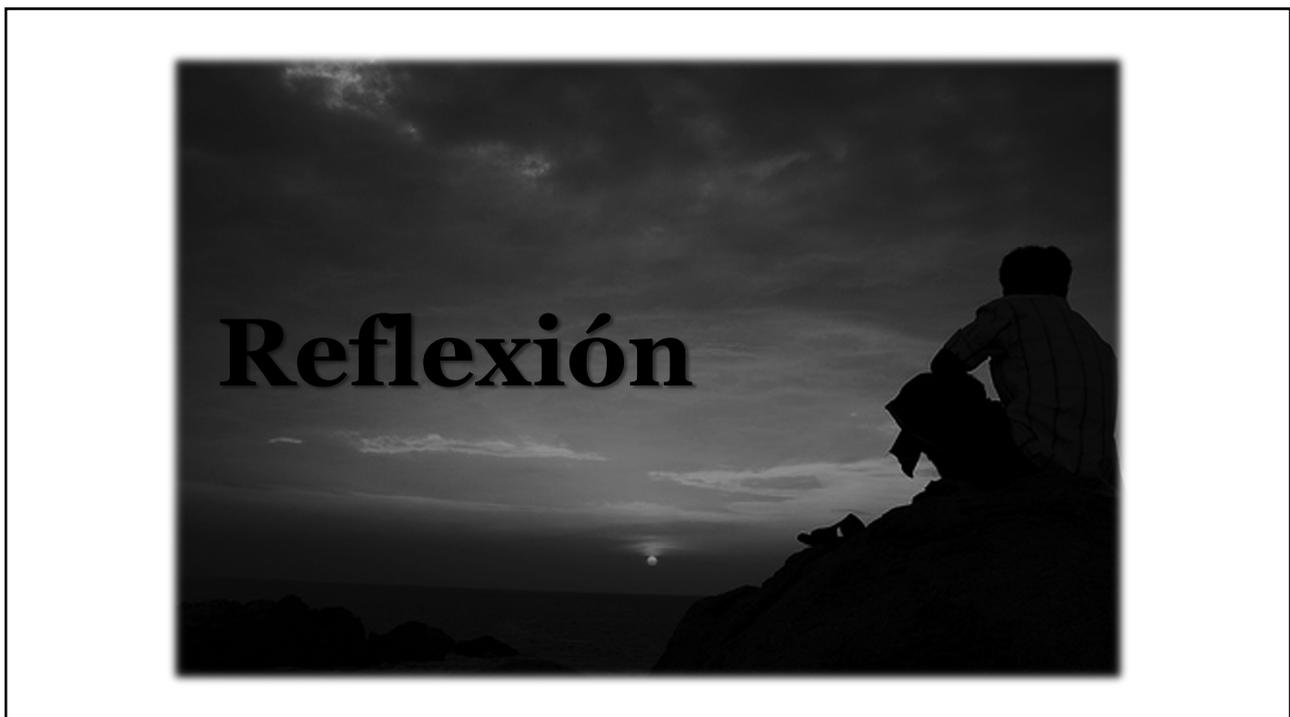
**0,58 m<sup>3</sup>**

**f<sub>ck</sub> 56 dias**  
**CS**  
**1,0%**

56



57



58

1. emplear concreto de 40MPa en vigas y losas y acima de 50 MPa en pilares y columnas, es más sostenible;
2. emplear cementos con adiciones, es más sostenible;
3. diseñar e especificar concretos para  $f_{c,t}$  a 63 días e 91 días de edad (*depende de las cargas*), es más sostenible;
4. emplear cuantías bajas de acero, es más sostenible;

59

sabendo que:

resistencia crece  
así →

$$\beta_{cc} = \frac{f_{c,j}}{f_{c,28}} = e^{\left\{ s_c \left[ 1 - \left( \frac{t_{ref}}{t} \right)^{0,5} \right] * \left( \frac{28}{t_{ref}} \right)^{0,5} \right\}}$$

resistencia  
decrece así →

$$\beta_{c,sus}(t, t_0) = \beta_{t_0}(t_0) + [1 - \beta_{t_0}(t_0)] * \left[ 1 + 10^4 \frac{(t - t_0)}{t_0} \right]^{-0,1}$$

60

## Porque usar coeficientes o factores empíricos?

$$\alpha_{cc} = 0 \text{ a } 1,00$$

$$f_{cd} = \alpha_{cc} * \eta_{fc} * \frac{f_{ck}}{\gamma_c}$$

$$\eta_{fc} = \left(\frac{f_{ck}}{f_c}\right) \leq 1,0 \text{ MPa}$$

$$(0,65 \text{ a } 0,90) * (0 \text{ a } 0,85) * 0,80 * f'_c$$

quizá usar →

$$f_{cd} = \beta_{cc} * \beta_{c,sus} * \frac{f_{ck}}{\gamma_c}$$

61

# GRACIAS POR SU ATENCIÓN



\*do Laboratório de Pesquisa ao Canteiro de Obras\*

[www.phd.eng.br](http://www.phd.eng.br)

11.2501.4822 / 23

11.9.5045.4940

62

62